

Assisted Living Services for High-risk Seniors

The Assisted Living Services helps high-risk seniors maintain independence and remain in their home for as long as possible. The South East LHIN addressed the need of seniors and carried out the Assisted Living Services for High-risk Senior service by enabling them to stay in home and out of a hospital or in a long-term care home.

The Victoria Order of Nurses (VON) in three geographical areas: Belleville, Kingston and Brockville provided the funding for the operations of this program. Seniors in these areas are able to receive the following services on a 24-hour basis:

- Personal support
- Homemaking
- Care coordination
- Security check (available 24 hours a day, seven days a week)

Overnight Respite is an offered service that gives a senior the option to stay at a location over night with a health care professional. This available option offers relief of potential stress for the caregiver.

The South East LHIN continuously looks to improve this service for seniors and caregiver as the organization understands the importance of the work the caregiver does.

SMILE

The Seniors Managing Independent Living Easily (SMILE) program is funded by the South East LHIN and has been run through Victoria Order of Nurses (VON) for the past six years. This program supports the aging at home and is community-level coordination of services that work with the Community Care Access Centers (CCAC) and other community organizations.

SMILE places the client at the centre of care and allows them to self-control their care plan. It is directed towards seniors that are at risk of early dependency. The client receives help with activities of daily living that encourages independence. An in home assessment identifies the need that clients are able to access a consistent basket of services.

SMILE is based on clients having a choice and providing input for managing their own needs. The most frequently-requested service by far is household management, which includes all services required to maintain a home and include housekeeping, laundry, errands, transportation and meals.