

Chronic Disease

Chronic Disease is a long-lasting condition that can be controlled but not cured. In the South East LHIN, people living with a chronic disease can receive ongoing support to help manage their condition.

Services, such as specialized clinics and self-management programs are available in communities. This ensures that the public receives education and management in a timely fashion for diseases such as:

- Diabetes
- Congestive Heart Failure (CHF)
- Chronic Obstructive Pulmonary Disease (COPD)

The specialized clinics provide expertise care to the patient. The regional self-management programs assist in strengthening a person's ability to set goals and be active in their own health care process.

The South East LHIN has created a Chronic Disease Framework so all parties have a common vision so health care partners can work together. This vision will ensure that all parts of the patients plan are covered, such as:

- Prevention
- Screening
- Diagnosis
- Primary Care management
- Specialty care
- Acute care in the hospital

Health care providers continue to work together with patients to ensure patients have a great quality of life while living with chronic diseases. Some great examples of work include:

- The High-Risk Foot Care Initiative, helping patients with soft tissue/skin infections and amputations;
- The making more than 800 coordinated care plans for patients through Health Links; and
- Exercise and Falls Prevention programs in communities across the region.